

# ENTRÉES

Half Tray			Full Tray	
Cash	Card		Cash	Card
88.00	91.08	<b>CHICKEN PICCATA</b>	154.00	159.93
113.00	116.95	<b>SALMON PICCATA</b>	198.00	204.93
Tender pan seared breast of chicken -OR- Atlantic salmon sautéed with capers & artichoke hearts in a white wine, lemon beurre blanc sauce				
88.00	91.08	<b>CHICKEN FRANCESE</b>	154.00	159.93
112.00	115.92	<b>SHRIMP FRANCESE</b>	196.00	202.86
112.00	115.92	<b>FILET OF SOLE FRANCESE</b>	196.00	202.86
Fresh egg battered breast of chicken, jumbo shrimp -OR- filet of sole sautéed in a classic white wine, lemon & butter sauce				
88.00	91.08	<b>CHICKEN ALLA MARCO</b>	154.00	159.93
103.00	106.60	<b>VEAL ALLA MARCO</b>	185.00	191.47
Golden fried or grilled chicken -OR- veal cutlets topped with a fresh diced plum tomato, red onion & basil Bruschetta Salad				
88.00	91.08	<b>CHICKEN MARSALA</b>	154.00	159.93
103.00	106.60	<b>VEAL MARSALA</b>	185.00	191.47
Fresh chicken -OR- veal scallopine simmered in a classic mushroom & Marsala wine brown sauce				
88.00	91.08	<b>CHICKEN PIZZAIOLA</b>	154.00	159.93
103.00	106.60	<b>VEAL PIZZAIOLA</b>	185.00	191.47
Tender pan seared chicken -OR- veal scallopine topped with julienne bell peppers & onions, sautéed in a white wine, garlic & crushed plum tomato sauce				
88.00	91.08	<b>CHICKEN MILANESE</b>	154.00	159.93
103.00	106.60	<b>VEAL MILANESE</b>	185.00	191.47
Breaded chicken cutlets -OR- grilled chicken topped off with aged Balsamic glaze, Baby Arugula, red onions, cherry tomatoes, shaved parmigiano and E.V.O.O.				
88.00	91.08	<b>CHICKEN PRIMAVERA</b>	154.00	159.93
Fresh breast of grilled chicken marinated in balsamic vinegar & imported seasonings, topped with a medley of sautéed fresh garden vegetables				
103.00	106.60	<b>CHICKEN VALDOSTANA</b>	185.00	191.47
Fresh breast of chicken stuffed with sautéed spinach & mozzarella, breaded, baked & served in a mushroom & Marsala wine brown sauce				
88.00	91.08	<b>CHICKEN CARDINALI</b>	154.00	159.93
Egg battered breast of chicken sautéed in butter & white wine with prosciutto, eggplant & sliced tomato with mozzarella cheese & a touch of marinara sauce				
88.00	91.08	<b>GRILLED BALSAMIC CHICKEN</b>	154.00	159.93
Fresh breast of chicken marinated in balsamic vinegar, olive oil & spices				
88.00	91.08	<b>CHICKEN VERDI</b>	154.00	159.93
Egg battered breast of chicken sautéed in a white wine, lemon & butter sauce with fresh broccoli -OR- spinach & melted mozzarella				
112.00	115.92	<b>FILET OF SOLE OREGANATE</b>	196.00	202.86
112.00	115.92	<b>BAKED SHRIMP OREGANATE</b>	196.00	202.86
Fresh filet of lemon sole -OR- shrimp topped with seasoned Oreganata style bread crumbs, broiled & served in a classic garlic & white wine Scampi sauce				

Half Tray			Full Tray	
Cash	Card		Cash	Card
112.00	115.93	<b>SHRIMP MONACHINA</b>	196.00	202.86
Fresh pan fried jumbo shrimp simmered in a mushroom & Marsala wine brown sauce, layered with melted mozzarella				
115.00	119.02	<b>GRILLED SALMON</b>	203.00	210.10
Fresh grilled Atlantic salmon filet served over sautéed spinach & Tuscan white beans drizzled with a balsamic vinaigrette glaze				
71.00	73.48	<b>EGGPLANT ROLLATINE</b>	103.00	106.60
Fresh battered eggplant rolled with seasoned ricotta, baked Parmigiana style with tomato sauce & mozzarella				
71.00	73.48	<b>EGGPLANT PARM</b>	125.00	129.37
71.00	73.48	<b>CHICKEN PARM</b>	135.00	139.72
71.00	73.48	<b>MEATBALL PARM</b>	125.00	129.37
84.00	86.94	<b>VEAL PARM</b>	147.00	152.14
71.00	73.48	<b>SAUSAGE PARM</b>	71.00	125.00
104.00	107.64	<b>JUMBO SHRIMP PARM</b>	183.00	189.40
76.00	78.66	<b>SAUSAGE, PEPPERS, ONIONS</b>	133.00	137.65
88.00	91.08	<b>CHICKEN ALLA VODKA</b>	154.00	159.93

# PANINI

**MIX & MATCH YOUR FAVORITES**  
8.75 Cash • 9.06 Card (Price Per Piece)

<b>MELANZANE &amp; ROASTED PEPPER PANINI</b>
Fresh baked garlic & herb basted roll stuffed with grilled marinated eggplant, roasted peppers & fresh mozzarella, drizzled with a homemade pesto aioli
<b>BROCCOLI RABE PANINI</b>
Fresh baked garlic & herb basted roll stuffed with sautéed broccoli rabe & fresh mozzarella, drizzled with a homemade roasted pepper aioli
<b>RUSTICO PANINI</b>
Fresh baked garlic & herb basted roll stuffed with Parma prosciutto, sliced vine ripe tomatoes & fresh mozzarella, drizzled with a homemade pesto aioli
<b>AMERICANO PANINI</b>
Fresh baked garlic & herb basted roll stuffed with baked chicken, fresh mozzarella, green leaf lettuce & sliced vine ripe tomatoes, drizzled with balsamic aioli
<b>BUFFALO CHICKEN PANINI</b>
Fresh baked garlic & herb basted roll stuffed with Louisiana style buffalo chicken cutlets & fresh mozzarella, drizzled with a blue cheese sauce
<b>GRILLED CHICKEN PANINI</b>
Fresh baked garlic & herb basted roll stuffed with grilled chicken, fresh mozzarella, lettuce & tomato



# OFF PREMISE CATERING

Small Tray Feeds 12 Guests • Large Tray Feeds 24 Guests  
All Catering includes fresh baked bread & all serving essentials

Mama Theresa's offers Free Delivery

All dining essentials are included and we deliver 7 days a week.

**DELIVERIES NOT AVAILABLE ON HOLIDAYS!**

# DESSERTS

Half Tray			Full Tray	
Cash	Card		Cash	Card
44.00	45.54	<b>HOMEMADE MINI CANNOLI</b>	79.00	81.76
Two mini cannoli shells filled with traditional cannoli cream				
50.00	51.75	<b>TRADITIONAL TIRAMISU TRAY</b>	N/A	N/A

Attention: We cannot guarantee that our Gluten & Nut free products are 100% Allergen-Free

2411 HEMPSTEAD TPKE. | EAST MEADOW, NY 11554  
[WWW.MAMATHERESAS.COM](http://WWW.MAMATHERESAS.COM) | 516.520.5556



# CATERING MENU



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**DELIVERY AVAILABLE 7 DAYS A WEEK**

ALSO AVAILABLE EXCLUSIVELY ON





## APPETIZERS

Half Tray		Full Tray	
Cash	Card	Cash	Card
71.00	73.49	125.00	129.38
<b>BAKED CLAMS</b>			
Whole breaded & baked Littleneck clams			
79.00	81.77	137.00	141.80
<b>CALAMARI FRITTI</b>			
Golden fried calamari served with a side of marinara sauce			
53.00	54.86	91.00	94.19
<b>MOZZARELLA STICKS</b>			
Served with a side of Italian tomato sauce			
57.00	59.00	100.00	103.50
<b>CHICKEN FINGERS</b>			
Served with a side of honey mustard –or– tomato sauce			
95.00	98.33	165.00	170.78
<b>CALAMARI ARRABIATA</b>			
Golden fried calamari tossed with flame roasted peppers in a spicy Arrabiata plum tomato sauce			
53.00	54.86	91.00	94.19
<b>ZUCCHINI CHIPS</b>			
Homemade golden fried zucchini chips served with a side of marinara dipping sauce			
70.00	72.45	123.00	127.31
<b>ZUPPA DI COZZE</b>			
Fresh cultivated mussels, steamed & seasoned in your choice of a white wine garlic & herb sauce –or– in a fresh garlic & crushed plum tomato brodino			
67.00	69.35	118.00	122.13
<b>MOZZARELLA DI CASA</b>			
Homemade fresh mozzarella layered with sliced vine ripe tomatoes, flame roasted peppers & basil, drizzled with E.V.O.O. & aged balsamic glaze			
21.00	21.74	35.00	36.23
<b>GARLIC KNOTS</b>			
Golden baked dough knots marinated with fresh garlic, olive oil, Reggiano cheese & seasonings			
60.00	62.10	105.00	108.68
<b>COMBO PLATTER</b>			
Combination of: Zucchini chips, mozzarella sticks & chicken fingers served with a side of tomato sauce & honey mustard <i>(Extra charge for substitutions)</i>			

### RICE BALLS

3.00 Cash • 3.10 Card *(Price Per Piece)*

Sicilian style arancini stuffed with a ground beef, green peas, mozzarella center & a side of tomato sauce upon request

### POTATO CROQUETTES

3.00 Cash • 3.10 Card *(Price Per Piece)*

### CAPELLINI CAKES

5.00 Cash • 5.17 Card *(Price Per Piece)*

Deep fried capellini in an alfredo sauce with peas, ham, imported cheese & a side of tomato sauce upon request

*Attention: We cannot guarantee that our  
Gluten & Nut free products are 100% Allergen-Free*

## SALAD

Half Tray		Full Tray	
Cash	Card	Cash	Card
39.00	40.37	68.00	70.38
<b>GARDEN</b>			
Iceberg & romaine mix, cherry tomatoes, cucumbers, carrots, red peppers, green olives & black olives, drizzled with our house Italian style dressing			
59.00	61.07	108.00	111.78
<b>MEDITERRANEAN</b>			
Romaine hearts, cherry tomatoes, diced cucumbers, green bell peppers, kalamata olives, onions, crumbled feta cheese & red wine vinaigrette			
60.00	62.10	110.00	113.85
<b>PECAN</b>			
Mesclun greens tossed with fresh arugula, honey roasted pecans, dried cranberries & gorgonzola crumbles tossed with our homemade balsamic vinaigrette			
46.00	47.61	82.00	84.87
<b>CAESAR</b>			
Romaine hearts topped with homemade garlic croutons, Parmesan cheese shavings & Dijon Caesar dressing			
72.00	74.52	134.00	138.69
<b>BUFFALO CHICKEN</b>			
Romaine hearts & iceberg lettuce, diced plum tomatoes & red onions, tossed with our creamy blue cheese dressing, topped off with spicy warm buffalo chicken pieces			
80.00	82.80	150.00	155.25
<b>TUSCAN BISTRO</b>			
Fresh grilled skirt steak served over mesclun greens, topped with diced Roma tomatoes, red onions & gorgonzola crumbles, drizzled with our Tuscan style house dressing			
80.00	82.80	150.00	155.25
<b>CAPRINO</b>			
Fresh grilled jumbo shrimp, mesclun greens, flame roasted peppers grilled asparagus, crumbled goat cheese, cherry tomatoes, red onions & balsamic vinaigrette			

## SALAD ADD ONS

Half Tray		Full Tray	
Cash	Card	Cash	Card
36.00	37.36	72.00	74.52
<b>FRIED CHICKEN</b>			
36.00	37.36	72.00	74.52
<b>GRILLED CHICKEN</b>			
37.50	38.81	75.00	77.63
<b>BUFFALO CHICKEN</b>			
57.00	59.00	114.00	117.99
<b>GRILLED SHRIMP</b>			
57.00	59.00	114.00	117.99
<b>MARINATED SKIRT STEAK</b>			
13.50	13.97	27.00	27.95
<b>MOZZARELLA</b>			
15.00	15.53	30.00	31.05
<b>FETA CHEESE</b>			
15.00	15.53	30.00	31.05
<b>GOAT CHEESE</b>			
15.00	15.53	30.00	31.05
<b>GORGONZOLA CRUMBLES</b>			
12.00	12.42	24.00	24.84
<b>CHOPPED SALAD</b>			

## PASTA

Half Tray		Full Tray	
Cash	Card	Cash	Card
88.00	91.08	154.00	159.39
<b>PENNE OREGANATE</b>			
Fresh shrimp & asparagus sautéed in a classic garlic & white wine Scampi sauce finished with toasted bread crumbs			
74.00	76.59	129.00	133.51
<b>PENNE ALLA VODKA</b>			
Creamy vodka pink sauce with sautéed onions, scallions & diced imported prosciutto			
84.00	86.94	147.00	152.14
<b>SPAGHETTI &amp; MEATBALLS</b>			
Traditional Old World Italian tomato sauce topped with our homemade meatballs			
84.00	86.94	147.00	152.14
<b>RIGATONI FIORENTINA</b>			
Fresh battered chicken pieces, spinach & mozzarella tossed in a creamy pink sauce			
94.00	97.29	163.00	168.70
<b>LINGUINE SHRIMP MARINARA</b>			
Fresh shrimp sautéed in a traditional garlic & herb plum tomato sauce <i>(Spicy Fra Diavolo also available)</i>			
84.00	86.94	147.00	152.14
<b>FUSILLI CASALINGA</b>			
Fresh broccoli rabe & grilled chicken strips, sautéed in a light roasted garlic & E.V.O.O. sauce			
71.00	73.48	128.00	132.48
<b>FETTUCCINEMAMATHERESA'S</b>			
Alfredo cream sauce sautéed with green peas, onions & ham			
75.00	77.62	131.00	135.58
<b>PENNE MELENZANE</b>			
Fresh oven roasted eggplant, sautéed in a unique Marsala infused plum tomato sauce, crowned with fresh ricotta cheese			
94.00	97.29	163.00	168.70
<b>SPAGHETTI CLAM SAUCE</b>			
Our authentic clam sauce includes shelled Littleneck clams & chopped baby clams sautéed in your choice of: garlic & E.V.O.O. –OR– Marinara sauce			
88.00	91.08	154.00	159.39
<b>LINGUINE LA TOSCANA</b>			
Broccoli rabe, sautéed shrimp, white wine & pignoli nuts topped off with toasted bread crumbs			
94.00	97.29	163.00	168.70
<b>LINGUINE SEAFOOD</b>			
Fresh shrimp, mussels & baby clams sautéed in your choice of: garlic & E.V.O.O. –OR– Marinara sauce			
74.00	76.59	129.00	133.51
<b>GNOCCHI PESTO</b>			
Fresh basil sauce, grated Parmesan cheese, pignoli nuts & Italian seasonings			
74.00	76.59	129.00	133.51
<b>PENNE &amp; BROCCOLI</b>			
Fresh broccoli florets sautéed in a light tomato basil sauce –OR– garlic & E.V.O.O.			
74.00	76.59	129.00	133.51
<b>RIGITONI BOLOGNESE</b>			
Southern Italian style ground meat sauce Add a touch of fresh cream ricotta cheese <i>(Add \$1.00)</i>			

## PASTA

Half Tray		Full Tray	
Cash	Card	Cash	Card
68.00	70.38	122.00	126.27
<b>CAPELLINI PRIMAVERA</b>			
A colorful melange of assorted fresh garden vegetables sautéed in a light tomato basil sauce –OR– garlic & E.V.O.O.			
68.00	70.38	123.00	126.27
<b>FETTUCCINE ALFREDO</b>			
Classic Parmesan creamy cheese sauce			
89.00	92.11	155.00	160.42
<b>PENNE GAMBERI</b>			
Fresh broccoli florets sautéed with shrimp & cubed tomatoes			
84.00	86.94	151.00	156.28
<b>FUSILLI CAMPAGNOLA</b>			
Corkscrew shaped pasta tossed with fresh broccoli rabe, crumbled sausage & cannellini beans, sautéed in a light roasted garlic & E.V.O.O.			

Pasta choices: Penne • Rigatoni • Spaghetti  
Linguine • Fusilli • Gnocchi • Fettuccine

Additional pasta choices: Cheese Ravioli, Cheese Tortellini,  
Whole Wheat –OR– Gluten Free Penne

Half Tray: 11.00 Cash • 11.38 Card *(Additional)*

Full Tray: 19.00 Cash • 19.66 Card *(Additional)*

Zucchini Linguine

Half Tray: 16.00 Cash • 16.56 Card *(Additional)*

Full Tray: 29.00 Cash • 30.02 Card *(Additional)*

## BAKED PASTA

Half Tray		Full Tray	
Cash	Card	Cash	Card
68.00	70.38	119.00	123.16
<b>HOMEMADE MEAT LASAGNA</b>			
68.00	70.38	119.00	123.16
<b>BAKED MANICOTTI</b>			
68.00	70.38	119.00	123.16
<b>BAKED CHEESE RAVIOLI</b>			
63.00	65.21	111.00	114.85
<b>BAKED ZITI</b>			

## SIDES

Half Tray		Full Tray	
Cash	Card	Cash	Card
51.00	52.78	89.00	92.11
<b>SPINACH</b>			
51.00	52.78	89.00	92.11
<b>BROCCOLI SPEARS</b>			
51.00	52.78	54.00	55.89
<b>ESCAROLE &amp; BEANS</b>			
59.00	61.06	103.00	106.60
<b>BROCCOLI RABE</b>			
59.00	61.06	103.00	106.60
<b>PRIMAVERA VEGETABLES</b>			
59.00	61.06	103.00	106.60
<b>SAUTÉED STRING BEANS</b>			
30.00	31.05	53.00	54.85
<b>FRENCH FRIES</b>			
66.00	68.31	116.00	120.06
<b>FRIED –OR– GRILLED CHICKEN CUTLETS</b>			
66.00	68.31	119.00	123.16
<b>HOMEMADE "ITALIAN STYLE" SAUSAGE TOMATO SAUCE</b>			
66.00	68.31	119.00	123.16
<b>HOMEMADE "ITALIAN STYLE" MEATBALLS TOMATO SAUCE</b>			