



PIZZETTAS

Enjoy our personal pizza, prepared with only the finest homemade & imported ingredients.

ALSO AVAILABLE:
WHOLE WHEAT BAR PIZZETTA, CAULIFLOWER PIZZETTA
-OR- GLUTEN FREE PIZZETTA ADD **2.00**

MARGHERITA 12.75

Traditional Neapolitan style thin crust pizza topped with our crushed San Marzano plum tomato sauce, fresh mozzarella, basil & a whisper of E.V.O.O.

PIZZETTA 12.75

12" classic Neapolitan Pie with mozzarella & tomato sauce

BROCCOLI RABE E SALSIICCIA 15.25

Tomato basil sauce topped with fresh mozzarella, crumbled Italian style hot sausage & fresh sautéed broccoli rabe

VEGETARIAN 14.75

Fresh sautéed spinach & broccoli & mozzarella cheese

ALLA MELENZANA 14.75

Tomato basil sauce topped with fresh battered eggplant, spotted with seasoned ricotta cheese, Reggiano & fresh mozzarella

BUFFALO PIZZETTA 15.75

Our famous buffalo chicken with melted mozzarella & blue cheese

FRA DIAVOLO 14.75

Tomato basil sauce topped with fresh mozzarella, crumbled Italian style hot sausage & a touch of cherry peppers

PROSCIUTTO E ARUGULA 15.75

Fresh mozzarella, imported Fontina cheese & Parma prosciutto, finished with arugula, white truffle oil & Reggiano cheese shavings

ALL'INSALATA (TOSSED SALAD) 14.75

Chopped garden salad served over a crispy round pizza crust, drizzled with our traditional Italian style dressing

KIDS PIZZETTA 8.50

8" child size Neapolitan Pie with mozzarella & tomato sauce



CREATE YOUR OWN

CHOOSE FROM THE FOLLOWING ITEMS
TO ADD TO A MARGHERITA PIZZA

TOPPINGS **1.75 EACH**

- Artichoke Hearts
- Cherry Peppers
- Flame Roasted Peppers
- Pepperoni
- Anchovies
- Fontina Cheese
- Crumbled Hot Sausage
- Black Olives
- Provolone Cheese
- Onions
- Parma Prosciutto
- Low-Fat Mozzarella
- Mushrooms
- Meatballs
- Ricotta Cheese
- Fresh Garlic
- Battered Eggplant
- Ham

• Grilled Chicken ADD **3.75**

PIZZA

NEAPOLITAN ROUND (8 SLICES) **18.25** **3.00**

18" Thin crust pizza with mozzarella & tomato sauce

SICILIAN SQUARE (10 SLICES) **19.25** **3.00**

Thick crust pan pizza with mozzarella & tomato sauce

CREATE YOUR OWN

CHOOSE FROM THE FOLLOWING ITEMS

- Sausage
- Meatballs
- Pepperoni
- Ham
- Mushrooms
- Onions
- Black Olives
- Extra Cheese
- Ricotta Cheese
- Fresh Garlic
- Broccoli
- Spinach
- Sliced Tomatoes
- Anchovies
- Flame Roasted Peppers
- Battered Eggplant
- Low-Fat Mozzarella

1/2 TOPPING **3.50**

1 TOPPING **4.50**

GRILLED OR FRIED CHICKEN ADD **5.25**



SPECIALTY PIES

ALL SPECIALTY PIES AVAILABLE AS 1/2 PIE TOPPINGS

GRANDMA **20.50** **3.15**

Extra thin crust pan pizza layered with fresh mozzarella & spotted with a garlic & San Marzano crushed plum tomato sauce & finished with a whisper of E.V.O.O.

ALL'INSALATA (TOSSED SALAD) **24.50** **4.25**

Crispy round pie topped with chopped garden salad & drizzled with our traditional Italian style dressing

CHICKEN MARSALA **28.50** **4.95**

Fresh chicken sautéed in a mushroom & Marsala wine brown sauce, topped with mozzarella, served over a crispy round crust

BUFFALO CHICKEN (Our Signature Pizza) **28.50** **4.95**

Crispy round pie topped with Louisiana style spicy chicken pieces, blue cheese sauce & mozzarella

BAKED ZITI **24.50** **N/A**

Crispy round pie topped with traditional style baked ziti, mozzarella & tomato sauce

SPINACH & BROCCOLI **24.50** **4.25**

Crispy round pie topped with spinach & broccoli, fresh garlic & mozzarella cheese

BIANCA (WHITE PIE) **24.50** **4.25**

Crispy round pie topped with fresh mozzarella, aged Romano cheese & seasoned ricotta drizzled with fresh garlic oil

MARGHERITA **24.50** **4.25**

Traditional Neapolitan style thin crust pizza topped with crushed San Marzano plum tomato sauce, fresh mozzarella, basil & a whisper of E.V.O.O.

CHICKEN BACON RANCH **28.50** **4.95**

Crispy round pie topped with grilled chicken, bacon, mozzarella cheese & ranch dressing

EGGPLANT DELIGHT **24.50** **4.25**

Sicilian pan pizza topped with sautéed eggplant, fresh mozzarella & tomato sauce. Sprinkled with fresh basil & grated romano cheese

BAKERS **20.50** **3.15**

Old World Sicilian style pan pizza with mozzarella topped with our traditional garlic & herb plum tomato sauce, Romano cheese, fresh basil & E.V.O.O.

DI CASA **28.50** **N/A**

Homemade mozzarella, roasted peppers, tomato & basil, virgin olive oil & balsamic glaze

GRILLED CHICKEN BROCCOLI RABE **28.50** **4.95**

Crispy round pie topped with grilled chicken & broccoli rabe, fresh garlic & mozzarella cheese

CALZONES, ROLLS & MORE

STUFFED PIZZA **7.00**

CHOICE OF 2 DELICIOUS COMBINATIONS:

1. MEAT LOVERS Italian style sausage, meatballs, ham, pepperoni, mozzarella

2. VEGETARIAN Fresh sautéed spinach & broccoli, seasoned ricotta, mozzarella

CALZONE **7.00**

Pizza dough pocket filled with seasoned ricotta & mozzarella

Additional fillings ADD **1.50**

SAUSAGE ROLL **7.00**

Pizza dough rolled with fresh sautéed Italian style sausage, peppers & onions with mozzarella & tomato sauce

CHICKEN ROLL **7.00**

Pizza dough rolled with tender strips of fresh chicken cutlets, mozzarella & tomato sauce

BUFFALO CHICKEN ROLL **7.00**

Pizza dough rolled with Louisiana style spicy chicken, mozzarella & creamy blue cheese sauce

TRAMEZZINO **11.00**

Fresh baked folded flatbread stuffed with grilled chicken, fresh mozzarella, fontina cheese, arugula, roasted peppers & drizzled with white truffle oil

BOCCONCINI **4.25**

Spinach, broccoli, Bruschetta tomato & mozzarella cheese -OR- ham, pepperoni & mozzarella rolled in our delicious pizza dough

RICE BALLS (2 PER ORDER) **5.25**

Sicilian style arancini stuffed with a ground beef, green peas & mozzarella center, served with a side of tomato sauce

GARLIC KNOTS (6 PER ORDER) **2.75**

Golden baked dough knots marinated with fresh garlic, olive oil & seasonings

FRIED CAPELLINI CAKE **4.75**

Deep fried capellini in an alfredo sauce with peas, ham & imported cheese

PANINI

MELANZANE & ROASTED PEPPER PANINI **7.75**

Fresh baked garlic & herb basted roll stuffed with grilled marinated eggplant, roasted peppers & fresh mozzarella, drizzled with a homemade pesto aioli

BROCCOLI RABE PANINI **7.75**

Fresh baked garlic & herb basted roll stuffed with sautéed broccoli rabe & fresh mozzarella, drizzled with a homemade roasted pepper aioli

AMERICANO PANINI **7.75**

Fresh baked garlic & herb basted roll stuffed with baked chicken, fresh mozzarella, green leaf lettuce & sliced vine ripe tomatoes, drizzled with balsamic aioli

BUFFALO CHICKEN PANINI **7.75**

Fresh baked garlic & herb basted roll stuffed with Louisiana style buffalo chicken cutlets & fresh mozzarella, drizzled with blue cheese sauce

GRILLED CHICKEN PANINI **7.75**

Fresh baked garlic & herb basted roll stuffed with grilled chicken, fresh mozzarella, lettuce & tomato

BEVERAGES

Coca Cola assorted products **3.00**

SNAPPLE Teas **3.00**

ARIZONA assorted products **3.00**

Fruit Juices **3.00**

S.PELLEGRINO (Imported Sparkling) (1 Liter) **6.50**

S.PELLEGRINO (Imported Sparkling) (500 ml) **3.50**

DASANI (Purified Water) **3.00**

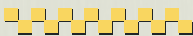


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has been a favorite
of discerning
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Here at Mama Theresa's,
Italian food is
made with the
finest ingredients,
lovingly prepared by
a staff that considers
cooking an art.

Every meal at
Mama Theresa's
is prepared in the Italian
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APPETIZERS

BAKED CLAMS OREGANATE (1/2 DOZEN) **13.25**
Whole breaded & baked Littleneck clams

CALAMARI FRITTI (SERVES 2) **15.25**
Golden fried calamari served with a side of marinara sauce

MOZZARELLA STICKS (6 PER ORDER) **10.50**
Served with a side of Italian tomato sauce

GARLIC BREAD **6.50**
Freshly toasted Italian bread wedges basted with extra virgin garlic oil & seasonings

WITH MELTED MOZZARELLA **7.50**

MOZZARELLA DI CASA (SERVES 2) **14.50**
Homemade fresh mozzarella layered with sliced vine ripe tomatoes, flame roasted peppers & basil, drizzled with E.V.O.O. & aged balsamic glaze

ZUPPA DI COZZE (RED OR WHITE) **15.50**
Fresh cultivated mussels, steamed & seasoned in your choice of a white wine garlic & herb sauce –OR– in a fresh garlic & crushed plum tomato brodino

CALAMARI ARRABBIATA (SERVES 2) **17.50**
Golden fried calamari tossed with flame roasted peppers in a spicy Arrabbiata plum tomato sauce

GOLDEN FRIED CHICKEN FINGERS (5 PER ORDER) **9.75**
Served with a side of honey mustard -OR- tomato sauce

ZUCCHINI FRITTI **12.25**
Handcut, julienne style fresh zucchini, golden fried & nestled over marinara sauce, sprinkled with grated Parmesan cheese

GRILLED PORTOBELLO MUSHROOMS **12.50**
Portobello mushrooms marinated in balsamic vinegar, olive oil & spices

STUFFED ARTICHOKE **10.50**
With fresh garlic, lemon, white wine & Italian herbs, topped with bread crumbs (SEASONAL)



SALAD

	LUNCH	DINNER
GARDEN SALAD Iceberg & romaine mix, cherry tomatoes, cucumbers, carrots, red peppers, green olives & black olives, drizzled with our house Italian style dressing	7.00	10.50

CAESAR SALAD Romaine hearts topped with homemade garlic croutons, Parmesan cheese shavings & Dijon Caesar dressing	8.00	11.50
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MEDITERRANEAN SALAD Romaine hearts, cherry tomatoes, diced cucumbers, green bell peppers, kalamata olives, onions, crumbled feta cheese & red wine vinaigrette	9.00	12.50
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PECAN SALAD Mesclun greens tossed with fresh arugula, honey roasted pecans, dried cranberries & gorgonzola crumbles tossed with our homemade balsamic vinaigrette	10.00	13.50
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BUFFALO CHICKEN SALAD Romaine hearts & iceberg lettuce, diced plum tomatoes & red onions tossed with our creamy blue cheese dressing, topped off with spicy warm buffalo chicken pieces	16.25
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TUSCAN BISTRO SALAD Fresh grilled skirt steak served over mesclun greens, topped with diced Roma tomatoes, red onions & gorgonzola crumbles, drizzled with our Tuscan style house dressing	18.25
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CAPRINO SALAD Fresh grilled jumbo shrimp, mesclun greens, flame roasted peppers, grilled asparagus, crumbled goat cheese, cherry tomatoes, red onions & balsamic vinaigrette	18.25
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TUNA SALAD PLATTER Garden salad topped with our delicious homemade tuna	15.50
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Lunch portions are smaller than dinner portions and only available until 4 PM.

ALL SALADS AVAILABLE WITH:

Mozzarella	1.75	Homemade Tuna	5.50
Gorgonzola Crumbles	2.00	Grilled Chicken Strips	5.50
Goat Cheese	2.00	Fried Chicken Strips	5.50
Feta Cheese	2.00	Buffalo Chicken Pieces	5.50
Chopped Salad	SMALL 1.50 LARGE 2.00	Marinated Skirt Steak	8.50
		Jumbo Grilled Shrimp (5)	8.50
		Grilled Atlantic Salmon	12.50



SOUP

CHEESE TORTELLINI IN BRODO Cheese tortellini pasta served in a light chicken brodino	8.25
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PASTA E FAGIOLI A classic Italian favorite with ditalini pasta, white cannellini beans, fresh plum tomato, garlic & E.V.O.O.	8.25
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HOMEMADE VEGETABLE MINESTRONE A hearty combination of fresh vegetables & ditalini pasta, served in a tomato vegetable broth	8.25
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CHICKEN NOODLE Broken fettuccine pasta, shredded white meat chicken & fresh vegetables, served in a light chicken brodino	8.25
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STRACCIATELLA SOUP Traditional Italian egg drop soup with spinach	8.25
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LENTIL SOUP Lentils in a hearty homemade vegetable broth	8.25
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PASTA

Additional pasta choices: Cheese Ravioli, Cheese Tortellini, Cavatelli, Gnocchi, Whole Wheat or Gluten Free Pasta
LUNCH 1.50 DINNER 2.25

SUBSTITUTE YOUR PASTA WITH THE “HEALTHIER CHOICE” ZUCCHINI LINGUINE **3.50**

ADD A SIDE SALAD: GARDEN **7.00** CAESAR **8.00** MEDITERRANEAN **9.00** PECAN **10.00**

PENNE OREGANATE Fresh shrimp & asparagus sautéed in a classic garlic & white wine Scampi sauce finished with toasted bread crumbs	LUNCH 14.25	DINNER 21.75
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PENNE ALLA VODKA Creamy vodka pink sauce with sautéed onions, scallions & diced imported PROSCIUTTO	LUNCH 12.25	DINNER 18.75
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SPAGHETTI & MEATBALLS Traditional Old World Italian tomato sauce topped with our homemade meatballs	LUNCH 11.50	DINNER 18.25
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RIGATONI FIORENTINA Fresh battered chicken pieces, spinach & mozzarella tossed in a creamy pink sauce	LUNCH 14.00	DINNER 21.25
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LINGUINE SHRIMP MARINARA Fresh shrimp sautéed in a traditional garlic & herb plum tomato sauce (spicy Fra Diavolo also available)	LUNCH 14.75	DINNER 22.50
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FUSILLI CASALINGA Fresh broccoli rabe & grilled chicken strips, sautéed in a light roasted garlic & E.V.O.O. sauce	LUNCH 13.75	DINNER 21.00
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PENNE MELANZANE Fresh oven roasted eggplant, sautéed in a unique Marsala infused plum tomato sauce, crowned with fresh ricotta cheese	LUNCH 12.50	DINNER 19.00
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FETTUCCINE ALFREDO Classic Parmesan creamy cheese sauce	LUNCH 11.00	DINNER 17.00
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FETTUCCINE ALLA MAMA THERESA'S Alfredo cream sauce sautéed with green peas, onions & ham	LUNCH 11.50	DINNER 18.25
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SPAGHETTI CLAM SAUCE (RED OR WHITE) Our authentic clam sauce includes shelled Littleneck clams & chopped baby clams sautéed in your choice of: garlic & E.V.O.O. -OR- Marinara sauce	LUNCH 13.50	DINNER 20.75
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PLATTERS & HEROS

Platters served with choice of
Garden Salad -OR- Pasta Tomato Sauce -OR- Fries

PASTA ALSO AVAILABLE WITH AGLIO & OLIO,
MARINARA, ALFREDO -OR- PINK SAUCE ADD 1.50

CLAM SAUCE (RED OR WHITE) -OR- BOLOGNESE ADD 2.50

CAESAR, MEDITERRANEAN -OR-
PECAN SALAD SUBSTITUTION ADD 1.50

MEATBALL PARMIGIANA	HERO 11.50	PLATTER 20.75
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EGGPLANT PARMIGIANA	11.50	20.75
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SAUSAGE PARMIGIANA	11.50	20.75
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CHICKEN CUTLET PARMIGIANA	12.50	21.75
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VEAL CUTLET PARMIGIANA	13.50	22.75
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JUMBO SHRIMP PARMIGIANA	14.50	23.75
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SAUSAGE, PEPPERS, ONIONS (RED OR WHITE)	11.50	20.75
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GRILLED CHICKEN & BROCCOLI RABE Grilled chicken, broccoli rabe, roasted peppers & fresh mozzarella	13.50	22.75
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GRILLED OR FRIED CHICKEN CLUB Served with lettuce, tomato, mayonnaise & Italian dressing	11.50	N/A
MELTED MOZZARELLA	ADD 1.00	

ENTRÉES

Entrées served with choice of Garden Salad -OR- Pasta Tomato Sauce -OR- Fries
PASTA ALSO AVAILABLE WITH AGLIO & OLIO, MARINARA, ALFREDO -OR- PINK SAUCE ADD 1.50

CLAM SAUCE (RED OR WHITE) -OR- BOLOGNESE ADD 2.50

CAESAR, MEDITERRANEAN -OR- PECAN SALAD SUBSTITUTION ADD 1.50

CHICKEN MARSALA Fresh chicken -OR- veal scallopine simmered in a classic mushroom & Marsala wine brown sauce	25.50 27.50
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GRILLED CHICKEN PRIMAVERA Fresh breast of grilled chicken marinated in balsamic vinegar & imported seasonings, topped with a medley of sautéed fresh garden vegetables	25.50
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CHICKEN PICCATA VEAL PICCATA SALMON PICCATA Tender pan seared breast of chicken, veal scallopine -OR- Atlantic salmon sautéed with capers & artichoke hearts in a white wine, lemon beurre blanc sauce	25.50 27.50 29.50
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EGGPLANT ROLLATINE Fresh battered eggplant rolled with seasoned ricotta, baked Parmigiana style with tomato sauce & mozzarella	22.50
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CHICKEN ALLA MARCO VEAL ALLA MARCO Baked, breaded veal -OR- chicken cutlets -OR- grilled chicken topped with a fresh diced plum tomato, red onion & basil Bruschetta Salad	25.50 27.50
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CHICKEN PIZZAIOLA VEAL PIZZAIOLA Tender pan seared chicken -OR- veal scallopine topped with julienne bell peppers & onions, sautéed in a white wine, garlic & crushed plum tomato sauce	25.50 27.50
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CHICKEN FRANCESE VEAL FRANCESE SHRIMP FRANCESE FILET OF SOLE FRANCESE Fresh egg battered breast of chicken, veal scallopine, jumbo shrimp -OR- filet of sole sautéed in a classic white wine, lemon & butter sauce	25.50 27.50 28.00 28.00
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CHICKEN ROMANA Fresh egg battered breast of chicken layered with mozzarella & fresh asparagus served in a mushroom & Marsala wine brown sauce	27.00
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CHICKEN VALDOSTANA Fresh breast of chicken stuffed with sautéed spinach & mozzarella, breaded, baked & served in a mushroom & Marsala wine brown sauce	27.00
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SAUTÉED VEGETABLES

SPINACH	8.00
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BROCCOLI SPEARS	8.00
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ESCAROLE & CANNELLINI BEANS	8.50
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BROCCOLI RABE	9.00
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PRIMAVERA VEGETABLES	8.00
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SAUTÉED STRING BEANS (RED OR WHITE)	8.00
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SHRIMP MONACHINA Fresh pan fried jumbo shrimp (5 per order) simmered in a mushroom & Marsala wine brown sauce, layered with melted mozzarella	28.50
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GRILLED SALMON Fresh grilled Atlantic salmon filet served over sautéed spinach & Tuscan white beans drizzled with a balsamic vinaigrette glaze	29.50
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BRANZINO MEDITERRANEAN Oven roasted Mediterranean sea bass filet, drizzled with E.V.O.O., lemon & fresh herbs, served over sautéed spinach	29.50
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FILET OF SOLE OREGANATA Fresh filet of lemon sole topped with seasoned Oreganata style bread crumbs, broiled & served in a classic garlic & white wine Scampi sauce	28.00
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BAKED SHRIMP OREGANATE Fresh jumbo shrimp (6 per order) topped with Italian style seasoned bread crumbs, broiled in a classic garlic & white wine Scampi sauce	28.00
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GRILLED BALSAMIC CHICKEN Fresh breast of chicken marinated in balsamic vinegar, olive oil & spices	20.00
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CHICKEN VERDI Egg battered breast of chicken sautéed in a white wine, lemon & butter sauce with fresh broccoli -OR- spinach & melted mozzarella	27.00
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CHICKEN ALLA VODKA Tender pieces of chicken sautéed in vodka sauce & topped off with portobello mushrooms & fresh mozzarella	27.00
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CHICKEN CARDINALI Egg battered breast of chicken sautéed in butter & white wine with prosciutto, eggplant & sliced tomato with mozzarella cheese & a touch of marinara sauce	27.00
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SEAFOOD OREGANATA Baked clams, mussels, shrimp & filet of sole with fresh garlic, lemon, white wine & Italian herbs, topped with bread crumbs	29.50
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EGGPLANT SICILIANA Breaded Sicilian eggplant topped with fresh mozzarella, spinach & tomato sauce	23.50
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SIDE PASTAS

APPETIZER PORTION OF PENNE -OR- SPAGHETTI
WITH YOUR CHOICE OF:

ALFREDO	11.00
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BOLOGNESE	12.00
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MARINARA	9.50
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TOMATO	9.50
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PINK	9.50
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AGLIO & OLIO	9.50
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WHOLE WHEAT -OR- GLUTEN FREE PASTA ADD 1.50

SIDE ORDERS

FRIED OR GRILLED CHICKEN CUTLETS (2 PER ORDER)	10.00
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FRENCH FRIES	5.25
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HOMEMADE ITALIAN STYLE MEATBALLS TOMATO SAUCE (4 PER ORDER)	10.25
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HOMEMADE ITALIAN STYLE SAUSAGE TOMATO SAUCE (3 PER ORDER)	10.25
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