

ENTRÉES

Half Tray			Full Tray	
Cash	Card		Cash	Card
88.00	91.08	CHICKEN PICCATTA	154.00	159.93
113.00	116.95	SALMON PICCATTA	198.00	204.93
Tender pan seared breast of chicken -OR- Atlantic salmon sautéed with capers & artichoke hearts in a white wine, lemon beurre blanc sauce				
88.00	91.08	CHICKEN FRANCESE	154.00	159.93
112.00	115.92	SHRIMP FRANCESE	196.00	202.86
112.00	115.92	FILET OF SOLE FRANCESE	196.00	202.86
Fresh egg battered breast of chicken, jumbo shrimp -OR- filet of sole sautéed in a classic white wine, lemon & butter sauce				
88.00	91.08	CHICKEN ALLA MARCO	154.00	159.93
103.00	106.60	VEAL ALLA MARCO	185.00	191.47
Golden fried or grilled chicken -OR- veal cutlets topped with a fresh diced plum tomato, red onion & basil Bruschetta Salad				
88.00	91.08	CHICKEN MARSALA	154.00	159.93
103.00	106.60	VEAL MARSALA	185.00	191.47
Fresh chicken -OR- veal scallopine simmered in a classic mushroom & Marsala wine brown sauce				
88.00	91.08	CHICKEN PIZZAIOLA	154.00	159.93
103.00	106.60	VEAL PIZZAIOLA	185.00	191.47
Tender pan seared chicken -OR- veal scallopine topped with julienne bell peppers & onions, sautéed in a white wine, garlic & crushed plum tomato sauce				
88.00	91.08	CHICKEN MILANESE	154.00	159.93
103.00	106.60	VEAL MILANESE	185.00	191.47
Breaded chicken cutlets -OR- grilled chicken topped off with aged Balsamic glaze, Baby Arugula, red onions, cherry tomatoes, shaved parmigiano and E.V.O.O.				
88.00	91.08	CHICKEN PRIMAVERA	154.00	159.93
Fresh breast of grilled chicken marinated in balsamic vinegar & imported seasonings, topped with a medley of sautéed fresh garden vegetables				
103.00	106.60	CHICKEN VALDOSTANA	185.00	191.47
Fresh breast of chicken stuffed with sautéed spinach & mozzarella, breaded, baked & served in a mushroom & Marsala wine brown sauce				
88.00	91.08	CHICKEN CARDINALI	154.00	159.93
Egg battered breast of chicken sautéed in butter & white wine with prosciutto, eggplant & sliced tomato with mozzarella cheese & a touch of marinara sauce				
88.00	91.08	GRILLED BALSAMIC CHICKEN	154.00	159.93
Fresh breast of chicken marinated in balsamic vinegar, olive oil & spices				
88.00	91.08	CHICKEN VERDI	154.00	159.93
Egg battered breast of chicken sautéed in a white wine, lemon & butter sauce with fresh broccoli -OR- spinach & melted mozzarella				
112.00	115.92	FILET OF SOLE OREGANATE	196.00	202.86
112.00	115.92	BAKED SHRIMP OREGANATE	196.00	202.86
Fresh filet of lemon sole -OR- shrimp topped with seasoned Oreganata style bread crumbs, broiled & served in a classic garlic & white wine Scampi sauce				

Half Tray			Full Tray	
Cash	Card		Cash	Card
112.00	115.92	SHRIMP MONACHINA	196.00	202.86
Fresh pan fried jumbo shrimp simmered in a mushroom & Marsala wine brown sauce, layered with melted mozzarella				
115.00	119.02	GRILLED SALMON	203.00	210.10
Fresh grilled Atlantic salmon filet served over sautéed spinach & Tuscan white beans drizzled with a balsamic vinaigrette glaze				
71.00	73.48	EGGPLANT ROLLATINE	103.00	106.60
Fresh battered eggplant rolled with seasoned ricotta, baked Parmigiana style with tomato sauce & mozzarella				
71.00	73.48	EGGPLANT PARM	125.00	129.37
71.00	73.48	CHICKEN PARM	135.00	139.72
71.00	73.48	MEATBALL PARM	125.00	129.37
84.00	86.94	VEAL PARM	147.00	152.14
71.00	73.48	SAUSAGE PARM	71.00	125.00
104.00	107.64	JUMBO SHRIMP PARM	183.00	189.40
76.00	78.66	SAUSAGE, PEPPERS, ONIONS	133.00	137.65
88.00	91.08	CHICKEN ALLA VODKA	154.00	159.93

PANINI

MIX & MATCH YOUR FAVORITES  
8.75 Cash • 9.06 Card (Price Per Piece)

MELANZANE & ROASTED PEPPER PANINI
Fresh baked garlic & herb basted roll stuffed with grilled marinated eggplant, roasted peppers & fresh mozzarella, drizzled with a homemade pesto aioli
BROCCOLI RABE PANINI
Fresh baked garlic & herb basted roll stuffed with sautéed broccoli rabe & fresh mozzarella, drizzled with a homemade roasted pepper aioli
RUSTICO PANINI
Fresh baked garlic & herb basted roll stuffed with Parma prosciutto, sliced vine ripe tomatoes & fresh mozzarella, drizzled with a homemade pesto aioli
AMERICANO PANINI
Fresh baked garlic & herb basted roll stuffed with baked chicken, fresh mozzarella, green leaf lettuce & sliced vine ripe tomatoes, drizzled with balsamic aioli
BUFFALO CHICKEN PANINI
Fresh baked garlic & herb basted roll stuffed with Louisiana style buffalo chicken cutlets & fresh mozzarella, drizzled with a blue cheese sauce
GRILLED CHICKEN PANINI
Fresh baked garlic & herb basted roll stuffed with grilled chicken, fresh mozzarella, lettuce & tomato



OFF PREMISE CATERING

Small Tray Feeds 12 Guests • Large Tray Feeds 24 Guests  
All Catering includes fresh baked bread & all serving essentials

Mama Theresa's offers Free Delivery

All dining essentials are included and we deliver 7 days a week.

DELIVERIES NOT AVAILABLE ON HOLIDAYS!

DESSERTS

Half Tray			Full Tray	
Cash	Card		Cash	Card
44.00	45.54	HOMEMADE MINI CANNOLI	79.00	81.76
Two mini cannoli shells filled with traditional cannoli cream				
50.00	51.75	TRADITIONAL TIRAMISU TRAY	N/A	N/A

Attention: We cannot guarantee that our  
Gluten & Nut free products are 100% Allergen-Free

2429 JERICHO TPKE. | GARDEN CITY PARK, NY 11040  
WWW.MAMATHERESAS.COM | 516.747.3111





APPETIZERS

Half Tray			Full Tray	
Cash	Card		Cash	Card
71.00	73.49	BAKED CLAMS	125.00	129.38
Whole breaded & baked Littleneck clams				
79.00	81.77	CALAMARI FRITTI	137.00	141.80
Golden fried calamari served with a side of marinara sauce				
53.00	54.86	MOZZARELLA STICKS	91.00	94.19
Served with a side of Italian tomato sauce				
57.00	59.00	CHICKEN FINGERS	100.00	103.50
Served with a side of honey mustard –or– tomato sauce				
95.00	98.33	CALAMARIARRABIATA	165.00	170.78
Golden fried calamari tossed with flame roasted peppers in a spicy Arrabbiata plum tomato sauce				
53.00	54.86	ZUCCHINI CHIPS	91.00	94.19
Homemade golden fried zucchini chips served with a side of marinara dipping sauce				
70.00	72.45	ZUPPA DI COZZE	123.00	127.31
Fresh cultivated mussels, steamed & seasoned in your choice of a white wine garlic & herb sauce–or– in a fresh garlic & crushed plum tomato brodino				
67.00	69.35	MOZZARELLA DI CASA	118.00	122.13
Homemade fresh mozzarella layered with sliced vine ripe tomatoes, flame roasted peppers & basil, drizzled with E.V.O.O. & aged balsamic glaze				
21.00	21.74	GARLIC KNOTS	35.00	36.23
Golden baked dough knots marinated with fresh garlic, olive oil, Reggiano cheese & seasonings				
60.00	62.10	COMBO PLATTER	105.00	108.68
Combination of: Zucchini chips, mozzarella sticks & chicken fingers served with a side of tomato sauce & honey mustard (Extra charge for substitutions)				
RICE BALLS				
3.00 Cash • 3.10 Card (Price Per Piece)				
Sicilian style arancini stuffed with a ground beef, green peas, mozzarella center & a side of tomato sauce upon request				
CAPELLINI CAKES				
5.00 Cash • 5.17 Card (Price Per Piece)				
Deep fried capellini in an alfredo sauce with peas, ham, imported cheese & a side of tomato sauce upon request				

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SALAD

Half Tray			Full Tray	
Cash	Card		Cash	Card
39.00	40.37	GARDEN	68.00	70.38
Iceberg & romaine mix, cherry tomatoes, cucumbers, carrots, red peppers, green olives & black olives, drizzled with our house Italian style dressing				
59.00	61.07	MEDITERRANEAN	108.00	111.78
Romaine hearts, cherry tomatoes, diced cucumbers, green bell peppers, kalamata olives, onions, crumbled feta cheese & red wine vinaigrette				
60.00	62.10	PECAN	110.00	113.85
Mesclun greens tossed with fresh arugula, honey roasted pecans, dried cranberries & gorgonzola crumbles tossed with our homemade balsamic vinaigrette				
46.00	47.61	CAESAR	82.00	84.87
Romaine hearts topped with homemade garlic croutons, Parmesan cheese shavings & Dijon Caesar dressing				
72.00	74.52	BUFFALO CHICKEN	134.00	138.69
Romaine hearts & iceberg lettuce, diced plum tomatoes4 & red onions, tossed with our creamy blue cheese dressing, topped off with spicy warm buffalo chicken pieces				
80.00	82.80	TUSCAN BISTRO	150.00	155.25
Fresh grilled skirt steak served over mesclun greens, topped with diced Roma tomatoes, red onions & gorgonzola crumbles, drizzled with our Tuscan style house dressing				
80.00	82.80	CAPRINO	150.00	155.25
Fresh grilled jumbo shrimp, mesclun greens, flame roasted peppers grilled asparagus, crumbled goat cheese, cherry tomatoes, red onions & balsamic vinaigrette				

SALAD ADD ONS

Half Tray			Full Tray	
Cash	Card		Cash	Card
36.00	37.36	FRIED CHICKEN	72.00	74.52
36.00	37.36	GRILLED CHICKEN	72.00	74.52
37.50	38.81	BUFFALO CHICKEN	75.00	77.63
57.00	59.00	GRILLED SHRIMP	114.00	117.99
57.00	59.00	MARINATED SKIRT STEAK	114.00	117.99
13.50	13.97	MOZZARELLA	27.00	27.95
15.00	15.53	FETA CHEESE	30.00	31.05
15.00	15.53	GOAT CHEESE	30.00	31.05
15.00	15.53	GORGONZOLA CRUMBLES	30.00	31.05
12.00	12.42	CHOPPED SALAD	24.00	24.86

SOUP

(1 QUART) Cash 16.00 • Card 16.56			
CHEESE TORTELLINI IN BRODO			
Cheese tortellini pasta served in a light chicken brodino			
PASTA E FAGIOLI			
A classic Italian favorite with ditalini pasta, white cannellini beans, fresh plum tomato, garlic & E.V.O.O.			
HOMEMADE VEGETABLE MINESTRONE			
A hearty combination of fresh vegetables & ditalini pasta, served in a tomato vegetable broth			
STRACCIATELLA SOUP			
Traditional Italian egg drop soup with spinach			
LENTIL SOUP			
Lentils in a hearty homemade vegetable broth			
CHICKEN NOODLE			
Broken fettuccine pasta, shredded white meat chicken & fresh vegetables, served in a light chicken brodino			

SIDES

Half Tray			Full Tray	
Cash	Card		Cash	Card
51.00	52.78	SPINACH	89.00	92.11
51.00	52.78	BROCCOLI SPEARS	89.00	92.11
51.00	52.78	ESCAROLE & BEANS	54.00	55.89
59.00	61.06	BROCCOLI RABE	103.00	106.60
59.00	61.06	PRIMAVERA VEGETABLES	103.00	106.60
59.00	61.06	SAUTÉED STRING BEANS	103.00	106.60
30.00	31.05	FRENCH FRIES	53.00	54.85
FRIED –OR– GRILLED				
66.00	68.31	CHICKEN CUTLETS	116.00	120.06
HOMEMADE “ITALIAN STYLE”				
66.00	68.31	SAUSAGE TOMATO SAUCE	119.00	123.16
HOMEMADE “ITALIAN STYLE”				
66.00	68.31	MEATBALLS TOMATO SAUCE	119.00	123.16

BAKED PASTA

Half Tray			Full Tray	
Cash	Card		Cash	Card
68.00	70.38	HOMEMADE MEAT LASAGNA	119.00	123.16
68.00	70.38	BAKED MANICOTTI	119.00	123.16
68.00	70.38	BAKED CHEESE RAVIOLI	119.00	123.16
63.00	65.21	BAKED ZITI	111.00	114.85

Pasta choices: Penne • Rigatoni • Spaghetti  
Linguine • Fusilli • Gnocchi • Fettuccine

Additional pasta choices: Cheese Ravioli, Cheese Tortellini,  
Whole Wheat -or- Gluten Free Penne  
Half Tray: 11.00 Cash • 11.38 Card (Additional)  
Full Tray: 19.00 Cash • 19.66 Card (Additional)  
Zucchini Linguine  
Half Tray: 16.00 Cash • 16.56 Card (Additional)  
Full Tray: 29.00 Cash • 30.02 Card (Additional)

PASTA

Half Tray			Full Tray	
Cash	Card		Cash	Card
88.00	91.08	PENNE OREGANATE	154.00	159.39
Fresh shrimp & asparagus sautéed in a classic garlic & white wine Scampi sauce finished with toasted bread crumbs				
74.00	76.59	PENNE ALLA VODKA	129.00	133.51
Creamy vodka pink sauce with sautéed onions, scallions & diced imported prosciutto				
84.00	86.94	SPAGHETTI & MEATBALLS	147.00	152.14
Traditional Old World Italian tomato sauce topped with our homemade meatballs				
84.00	86.94	RIGATONI FIORENTINA	147.00	152.14
Fresh battered chicken pieces, spinach & mozzarella tossed in a creamy pink sauce				
94.00	97.29	LINGUINE SHRIMP MARINARA	163.00	168.70
Fresh shrimp sautéed in a traditional garlic & herb plum tomato sauce (Spicy Fra Diavolo also available)				
84.00	86.94	FUSILLI CASALINGA	147.00	152.14
Fresh broccoli rabe & grilled chicken strips, sautéed in a light roasted garlic & E.V.O.O. sauce				
71.00	73.48	FETTUCCINEMAMATHERESA'S	128.00	132.48
Alfredo cream sauce sautéed with green peas, onions & ham				
75.00	77.62	PENNE MELENZANE	131.00	135.58
Fresh oven roasted eggplant, sautéed in a unique Marsala infused plum tomato sauce, crowned with fresh ricotta cheese				
94.00	97.29	SPAGHETTI CLAM SAUCE	163.00	168.70
Our authentic clam sauce includes shelled Littleneck clams & chopped baby clams sautéed in your choice of: garlic & E.V.O.O. –or– Marinara sauce				
88.00	91.08	LINGUINE LA TOSCANA	154.00	159.39
Broccoli rabe, sautéed shrimp, white wine & pignoli nuts topped off with toasted bread crumbs				
94.00	97.29	LINGUINE SEAFOOD	163.00	168.70
Fresh shrimp, mussels & baby clams sautéed in your choice of: garlic & E.V.O.O. -or- Marinara sauce				
74.00	76.59	GNOCCHI PESTO	129.00	133.51
Fresh basil sauce, grated Parmesan cheese, pignoli nuts & Italian seasonings				
74.00	76.59	PENNE & BROCCOLI	129.00	133.51
Fresh broccoli florets sautéed in a light tomato basil sauce -or- garlic & E.V.O.O.				
74.00	76.59	RIGITONI BOLOGNESE	129.00	133.51
Southern Italian style ground meat sauce Add a touch of fresh cream ricotta cheese (Add \$1.00)				
68.00	70.38	CAPELLINI PRIMAVERA	122.00	126.27
A colorful melange of assorted fresh garden vegetables sautéed in a light tomato basil sauce -or- garlic & E.V.O.O.				
68.00	70.38	FETTUCCINE ALFREDO	122.00	126.27
Classic Parmesan creamy cheese sauce				
89.00	92.11	PENNE GAMBERI	155.00	160.42
Fresh broccoli florets sautéed with shrimp & cubed tomatoes				
84.00	86.94	FUSILLI CAMPAGNOLA	151.00	156.28
Corkscrew shaped pasta tossed with fresh broccoli rabe, crumbled sausage & cannellini beans, sautéed in a light roasted garlic & E.V.O.O.				